



Professional Self-Protection Unarmed Control Systems

Instinctive Response Immediate Survival Defensive Tactics Platform

U.R.C.Tactical “IRIS System” is a conceptual system based upon human behaviour and **natural defensive/offensive instinctive responses** to stimuli. This is our fundamentals, focusing on dis-engagement strategies that are **Use of Force friendly**. Unlike other systems we encourage “tactile sensitivity” in these responses. By utilizing the tactile sensitivity of the body the user gains an advantage of being able to **engage defensive/offensive responses quicker** as well as the **opportunity for dis-engagement**. At its core the system is designed for dis-engagement first and foremost but **will allow for aggressive control options**.

By using deeply embedded “**natural and instinctive**” *offensive* actions the system can be taught and retained in a short period of time, be flexible in its application and be used for **immediate survival** without hesitation.

The system becomes a universal engagement/dis-engagement tactical ability which in turn increases the ability to integrate other defensive options such as *Covert Improvised Defensive Tactics* or *Ground Extraction Techniques*. The system is instinctive in technique and ease of use for users of both genders and from all backgrounds regardless of age or physical abilities. **Being instinctive in nature the skills become a non-perishable skill set.**

Skills that are functional, practical and instinctive are paramount to a successful outcome in today's real and organic urban violent situations. We aim to decrease training time and increase skill retention through taking natural instinctive actions and adding a tactical component to those actions.

- High speed/organic de-escalation techniques
- Adrenal stress condition awareness and self- control principles
- No-vision disengagement from non-telegraphic engagement
- Principles of physical retaliation
- No-Vision escape from holds or traps
- High speed tactile takedowns and control techniques
- Concepts of passive stances
- Startle to flinch instinctive blocking concepts
- Pre-contact psychology and aggressor manipulation
- Instinctive and intuitive striking techniques
- Pre-contact cues and situational awareness

Teaching an instinctive skill set which can easily be modified to allow access to other options for **control, compliance, direction and takedown immediately** and effectively provides the user with heightened confidence. **Heightened confidence allows the user to more readily access skills and concepts while under extreme duress.**

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Please contact us with any questions or to schedule an introductory meeting regarding our training concepts and program costs.

Yours in safety

Justice Murdoch

Founder/Chief Instructor

U.R.C.TACTICAL

Professional Self-Protection Tactics

Improvised Defensive Tactics

Counter MMA Systems

Unarmed Engagement Control Techniques

Advanced CQC Survival Concepts



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