



Advanced Extreme Close Quarters Combat Survival Concepts

Accelerated Survival and Defensive Tactics Platform

U.R.C. Tactical, Advanced Extreme CQC approach to self –protection, is a system that is behaviourally and scientifically rooted which uses concepts to trigger deeply embedded defensive responses in an aggressor. We have strived to put together a system that is non-telegraphic, instinctive and can be used in confined spaces with great effectiveness. With minimal maintenance training. The only thing faster than the opponent’s complex motor skill is a physiological primal response. We have taken those responses and enhanced them with a tactical combative option.

By using deeply embedded “**natural and instinctive**” *offensive* actions the system can be taught and retained in a short period of time, be flexible in its application and be used immediately under stress without hesitation.



The concepts are designed to be used by the general public or Law Enforcement personnel, the novice fighter as well as the seasoned fighter. Due to the instinctive and “primal regression” nature of the training, the body’s **natural physiological and biological survival process will take over.**

The concepts are **useable by anyone**...regardless of age, gender, size or athleticism. There is no need for repetitive training, memorization of complicated techniques which are unavailable under extreme duress or levels of athleticism.

Unlike our **I.R.I.S System**, the **Advanced Extreme CQC** does incorporate striking. All striking is intuitive, non-telegraphic and gross motor oriented. **Gross motor skills are less affected when under duress and during real and organic violent confrontations.**

Note: The concept does allow for Use of Force friendly outcomes in minimum violence situations as well as applications for maximum violence situations.

Law Enforcement/Security and Ministry of Corrections applications are available in regards to UOF Retention and Third Party Rescue.



What will be taught...

- Principles of physical retaliation
- High speed/organic de-escalation techniques
- Adrenal stress condition awareness and self- control
- 360 degree **No-vision** disengagement from non-telegraphic engagement
- 360 degree **No-Vision** escape from holds or traps
- Passive Stance/Passive Stance Awareness
- Multiple attacker domination
- Ground extraction techniques
- Spontaneous knife defence
- Tactical dis-engagement
- Weapon and Use of Force retention
- Pre-contact cues/recognition
- The “combat wedge”

Our unique methods of training and concepts have been proven to be effectively instilled and reproduced within hours!!

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Please contact us with any questions or to schedule an introductory meeting regarding our training concepts and program costs.

Yours in safety

Justice Murdoch
U.R.C.TACTICAL

Professional Self-Protection Tactics
Covert Improvised Defensive Tactics
Advanced CQC Survival Techniques
Unarmed Engagement Control Techniques
R.B.S.D



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